

COMMUNITY RESOURCES FOR YOUTH AND CHILDREN

United Way advances the common good.

United Way of Utah County Information & Referral connects the community to health and human service resources. Knowledgeable specialists assess individuals' needs and make appropriate referrals. We advance the common good by empowering individuals to find the help they need.

Alternative Education

Provides resources for earning GED and/or high school diploma

- East Shore High.....801-227-2440
- Nebo School District Adult Education 801-798-4093
- Provo Canyon School.....801-227-2000
- Provo School District Center for High School Studies.....801-374-4840
- Young Parent High School in Spanish Fork gives young parents a high school education and allows them to bring children ages 0-5801-489-2840

Community Activities

- 4-H Clubs of Utah County.....801-851-8435
- ACCESS/ IMPACT is a mentor program offered by BYU for youth ages 3-17.....801-422-8686
- Boy Scouts of America.....801-437-6222
- Boys & Girls Club of Utah County provides a safe place for fun, social and educational activities for children in 1st through 8th grade801-371-6242
- Girl Scouts of Utah offers educational and social activities to help girls develop leadership and citizenship skills.....801-265-8472
- The Center is a facility for Provo teenagers that provides a safe place for recreation and learning. A variety of classes and activities are offered.....801-852-7635
- Community Action Youth Program is a mentoring program offered through Community Action Services for youth ages 8-17.....801-373-8200
- Safety Net Mentor Program is a mentor program for at-risk youth who are referred to the program by schools and agencies.....801-374-7637
- Youth & Families with Promise is a mentoring program for at-risk and low-income children and youth in the community.....801-851-8475

Counseling

- BYU Comprehensive Clinic's services include individual and family counseling, parenting groups, evaluations and referrals.....801-422-7759
- Canary Gardens offers support groups to youth ages 3-18 who are dealing with death801-361-8758
- Family Support & Treatment Center provides a crisis nursery and play therapy for children who are victims of domestic violence. Therapy is also offered to parents and families.....801-229-1181
- UVRMC Psychiatry/ Depression Center provides outpatient evaluation, diagnosis, counseling, and treatment.....801-357-7380
- Wasatch Mental Health provides intake, group and individual therapy for mental illnesses and offers referrals to other mental illness facilities..801-373-4760

Crisis/ Support Lines

- Crisis Line of Utah County is a 24-hour hotline that helps callers in crisis and gives emergency referrals.....801-226-4433
- Center for Women & Children in Crisis offers a 24-hour hotline for victims of domestic violence and rape.....801-377-5500

Disability

- Access Utah Network provides the most current referrals for disability issues.....1-800-333-8824

Special Education

- Alpine School District.....801-756-8410
- Nebo School District.....801-354-7416
- Provo School District.....801-374-4934
- Alpine Transition and Employment Center helps individuals with disabilities realize their potential801-785-8727



LIVE UNITED



United Way
of Utah County

Recreation and Habilitation (RAH!) provides educational, recreational and social activities for individuals with developmental and/or physical disabilities age 4 and older801-374-8074

Employment

Department of Workforce Services offers youth programs for employment support and training services. Career counseling is also available

- Spanish Fork.....801-794-6600
- American Fork.....801-492-4500
- Provo.....801-342-2600

W.I.A. Youth Program assists youth who have dropped out of high school, are struggling with high school or who have graduated but want to attend college or a higher education institution.....801-374-7093

Food/Clothing

Community Action Services and Food Bank supplies food and clothing vouchers to families in need, and offers other self-sufficiency services.....801-373-8200

Food and Care Coalition serves hot meals to individuals and couples who are homeless, low-income or transient.....801-373-1825

Kids Cause provides eyeglasses, clothing and medical services for children in public schools who are referred by a school coordinator.....801-224-2055

Health Services

CHIP (Children’s Health Insurance Program) is a federal program for children who do not have health insurance.....1-877-543-7669

Community Health Connect connects low-income patients with doctors and dentists willing to provide care on a charity basis..... 801-818-3015

Mountainlands Community Health Center offers primary medical and dental care for low-income and medically under-served populations.....801-374-9660

Utah County Health Department.....801-851-7000

Volunteer Care Clinic provides basic medical care to low-income individuals without insurance
.....(English) 801-812-8094
.....(Spanish) 801-812-8597

INFANT AND CHILD DEVELOPMENT

Help Me Grow provides parent and community information line for support in general child development.....801-691-5626

Kids on the Move offers developmental education for children ages 0-3 including early intervention and early head start.....801-221-9930

Mountainland Head Start is a preschool for children ages 3-4 of low-income families.....801-375-7981

Parent Information Resource Center (PIRC) offers educational materials and classes for parents and children to improve parenting and developmental skills.....801-225-7440

Welcome Baby provides information and support for first-time parents.....801-374-8108

PREGNANCY

Baby Your Baby provides financial assistance with prenatal care801-851-7033

LDS Family Services offers resources exploring pregnancy options.....801-422-7620

Pregnancy Resource Center provides comprehensive help to those unprepared for pregnancy....801-221-2591

Pregnancy Risk Hotline.....1-800-822-BABY

WIC Program provides nutrition services to lactating mothers, infants and children.....801-851-7300

Runaways

Division of Child & Family Services801-374-7005

National Runaway Switchboard1-800-RUN-AWAY

Runaway & Battered Youth Hotline is the “Nine Line,” a national hotline that offers assistance to youth in crisis situations.....1-800-999-9999

Vantage Point Youth Services offers parenting classes on diverting runaway/ungovernable youth ages 12-18 from the juvenile justice system.....801-373-2215

Substance Abuse

Adolescent Tobacco Cessation Classes offers support groups for teens to quit smoking.....801-851-7099

Alanon offers a support group for families of individuals struggling with substance abuse.....801-375-8620

Gathering Place offers an outpatient facility for individuals dealing with substance abuse. Youth groups, recreational therapy and prenatal groups are also offered.....801-226-2255

Utah County Division of Substance Abuse 801-851-7128

Volunteer Placement

United Way Volunteer Center helps find volunteer opportunities for groups, families, youth and individuals.....801-374-6600